



SPRING

March 4, 2010

11:00am –12:00pm (EST)

Your Hearing Conservation Program – Making It Work (#03101)

Recognizing the need for a Hearing Conservation Program in your organization can be a confusing experience. How do you know if the standard applies to you? How do you access your work environment to determine the specific areas where hearing protection is required? Are annual hearing exams really necessary? These are just a few of the questions that will be addressed in this highly informative discussion.

Joe Kapp, CIH
Corporate Industrial Hygienist

March 17, 2010

11:00am – 12:00pm (EST)

ARC Flash – Understanding NFPA 70E (#03102)

Arc Flash is a dangerous electrical hazard that occurs in workplaces throughout the US every day and can result in serious injuries. This session will explore the definition of arc flash and how it occurs. It will also provide participants with a general overview of NFPA 70E Standard and steps to help mitigate your exposure.

Sid Hull
Risk Control Specialist

March 24, 2010

2:00pm – 3:30pm (EST)

PA State Safety Committee Annual Recertification Training (#03103)

This course is designed to meet Pennsylvania's Annual Retraining Requirements for State Certified Safety Committees. Attendees will get refresher training on *Safety Committee Structure and Operations*, *Accident Investigation Priorities*, and *Hazard Detection and Correction Methods* with an emphasis on the practical skills all committees need to remain effective. Safety Committee resources will be made available. This session will be repeated in April.

Gene Mattis
Risk Control Specialist

Ken Nogan, CSP, MA
Risk Control Specialist



APRIL

April 1, 2010

11:00am –12:00pm (EST)

Post Injury Management (#04101)

How a supervisor responds to an injured employee at the time of an accident can significantly impact a claim. Similarly, how the supervisor relates to an employee while he is “out on comp” and what happens when he returns can make the difference between success and failure in claim management. This session teaches supervisors their role and responsibility when an employee is injured on the job.

Paul Coderre
Senior Risk Control Consultant

April 15, 2010

11:00am –12:00pm (EST)

Manual Material Handling Injury Risk Factors and Solutions (#04102)

Sprains and strains for lifting, pushing and pulling materials are the leading causes of workplace injuries for most industries. This session is designed to introduce the risk factors associated with these types of injuries so that they may be identified in the workplace. In addition, the session will outline some ergonomic improvements that can be implemented to reduce the potential for injury and improve productivity and efficiency.

Steve McCarty, CSP, CHCM
Senior Risk Control Consultant

Gordon Smoko, CSP, ARM
Risk Control Specialist

Brian Truxillo
Risk Control Specialist

April 28, 2010

10:30am –12:00pm (EST)

PA State Safety Committee Annual Recertification Training (#04103)

This course is designed to meet Pennsylvania's Annual Retraining Requirements for State Certified Safety Committees. Attendees will get refresher training on *Safety Committee Structure and Operations*, *Accident Investigation Priorities*, and *Hazard Detection and Correction Methods* with an emphasis on the practical skills all committees need to remain effective. Safety Committee resources will be made available. This session will be repeated in May.

Mary Ann Bubka
Senior Risk Control Consultant

Steve McCarty, CSP, ARM, MS
Risk Control Specialist



MAY

May 6, 2010

11:00am –12:00pm (EST)

DBSM for Healthcare Organizations (#05101)

With healthcare facilities in a constant struggle to reduce operating costs, retain the most qualified employees and provide excellent care to their patients, it is critical that we look at every possible opportunity to stay afloat. PMA's Decision Based Safety Management process (DBSM) has been successfully implemented in healthcare facilities throughout the Northeast with impressive results. This session will present a brief overview of the DBSM philosophy, discuss case studies to demonstrate its' applicability to healthcare and provide ways you can apply DBSM in your organization.

Robert Bowman
Corporate Risk Control Specialist

Paul Coderre
Sr. Risk Control Consultant

Christine Zichello, RN, COHN-S, CSHM, ARM, FAAOHN
Sr. Risk Control Specialist

May 20, 2010

11:00am –12:00pm (EST)

Are You Hiring Your Next Accident (#05102)

Over 90% of all accidents stem from unsafe acts. Yet, traditional safety programs focus on conditions. In this session, supervisors learn what drives employee behavior and how they can build an environment that supports safe behavior. They will see their role in the behavior equation and how they are role models for all employees.

Jack Aspen, CSP, ARM, ME
Assistant Vice President, Risk Control Services

Kevin Carney, MBA, PHR
Assistant Vice President, Human Resources

May 26, 2010

2:00pm – 3:30pm (EST)

PA State Safety Committee Annual Recertification Training (#05103)

This course is designed to meet Pennsylvania's Annual Retraining Requirements for State Certified Safety Committees. Attendees will get refresher training on *Safety Committee Structure and Operations*, *Accident Investigation Priorities*, and *Hazard Detection and Correction Methods* with an emphasis on the practical skills all committees need to remain effective. Safety Committee resources will be made available. This session will be repeated in June.

Gene Mattis
Risk Control Specialist

Ken Nogan, CSP, MA
Risk Control Specialist



JUNE

June 3, 2010

11:00am –12:00pm (EST)

Safe Patient/Resident Handling (#06101)

After participating in this program, attendees will be able to define the need for safe patient handling, describe the steps needed for developing a program and create an environment for safe patient handling for both staff and patient. We will discuss the reason for state legislation, best practices for implementing a program and look at new products on the market.

Flo Francis, RN, CHSP
Sr. Risk Control Consultant

Christine Zichello, RN, COHN-S, CSHM, ARM, FAAOHN
Sr. Risk Control Specialist

June 17, 2010

11:00am –12:00pm (EST)

Heat Related Illnesses: Prevention is the Key! (#06102)

Believe it or not, warmer weather is just around the corner and now is the time to take action to prevent heat related illnesses in our organizations. Living and working in hot environments significantly increases the likelihood of heat stress, heat exhaustion or heat stroke. This program will discuss precautions, symptoms and emergency procedures we should be aware of before warmer weather arrives.

Robert Bowman
Corporate Risk Control Specialist

June 23, 2010

10:30 –12:00pm (EST)

PA State Safety Committee Annual Recertification Training(#06103)

This course is designed to meet Pennsylvania's Annual Retraining Requirements for State Certified Safety Committees. Attendees will get refresher training on *Safety Committee Structure and Operations*, *Accident Investigation Priorities*, and *Hazard Detection and Correction Methods* with an emphasis on the practical skills all committees need to remain effective. Safety Committee resources will be made available. This session will be repeated in July.

Steve McCarty, CSP, ARM, MS
Risk Control Specialist

Robert Bowman
Corporate Risk Control Specialist

The PMA Difference

The strength of PMA Companies lies not only in what we offer but also how we deliver results for your business. We have a team of people who are not only knowledgeable but also passionate about helping you more effectively manage and control risks. We maintain a truly service-driven culture that leads to better support and better results. And we are committed to being your trusted advisor and partner. We deliver tangible value so you can focus on what matters most: your core business.

That's the PMA difference.



How to Register

There are three convenience ways to register:

1. Visit PMA Webservice at <http://webservice.pmagroup.com> and follow the instructions on the home page.
2. E-mailing the following information to RCWebEvents@pmagroup.com
 - Name
 - Company
 - Address
 - Phone Number
 - E-Mail Address
 - Session Number

OR

3. Fill in the information below and fax to **RC Web Events** at 610-397-5030

Name:	
Address:	
City, State, Zip:	
Phone:	
E-mail:	
Session Number:	

If registering for multiple sessions please send an individual e-mail or fax for each.

